



MOSS CREEK MARINES OPERATION HELPING HEROES



**ADOPTED HERO NO. 18
LCpl. THOMIA KING
WITH TONEY**



Thomia King, USMC Veteran (E3)

Resides in:	Jacksonville, NC
Age:	22
Program placement:	
Certification:	MED-PSY
Bump Class:	December 2016
Seminar/ITT:	February 2017
Black Vest:	5/11/17
MCM Support to date:	\$5,000 1/3/17

Thomia served in the USMC. She was injured during a training accident when she was struck on the head with a riot shield. She suffered a major concussion that causes her problems with dizziness and migraines. Thomia is also diagnosed with PTS from Military Sexual Trauma. She is hypervigilant in crowds and places she is not familiar with. She is hyper aware of her surroundings at all times and is always on guard. Thomia is diagnosed with PTS, TBI and Post Concussive Syndrome

Thomia bumped with TONEY in December 2016. TONEY will help Thomia with behavior interruption, anchoring when she is anxious, retrieval when she is dizzy and will help to ease off the pain of her everyday TBI symptoms.

2014 – 2017 honorably discharged

Awards & Commendations:
Global War on Terrorism Service Medal
National Defense Service Medal